



AQA Progressive Course - The Albion Foundation

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An accredited 'active outdoor learning' course which fits with the principles of helping to channel energy, skills and potential in a positive way.



Providing assurance of safety and high quality learning and teaching experiences



Operation in accordance with new European standards



Meeting the standards of good practice in the adventure activity industry



Institute for Outdoor Learning - member and Accredited Practitioner

Course Outcomes

The overarching aim of the following proposed programmes will be for each young person to demonstrate their ability to:

- Develop Personal Learning and Thinking Skills (PLTS)
- Access and utilise multiple intelligences.
- Contribute to improved team performance.
- Be actively involved in both reflection and review.
- Improve self-confidence and self esteem.
- Understand and be able to transfer skills to other lifelong learning situations.
- Fun and positive engagement.
- Develop 'Sense of Purpose'.
- Develop useful technical skills.
- Accreditation.

Outline Programme

Key Stage 4&5 (14-19) – 5 phased training experiences

- Day 1 – 5 hrs - Aerial Ropes Course : Engagement & Challenge
- Day 2 – 5 hrs - Wightwick Hall low ropes/prob solving: Team Development
- Day 3 – 5 hrs - Aerial Ropes Course : AQA Accreditation A
- Day 4 – 5 hrs - Dudmaston Woodland Challenge : AQA Accreditation B
- Days 5 – 24 hrs - Woodland Rough Camp : AQA Accreditation C

Key Stage 2/3 (9-13yrs) – 5 phased training experiences

- Day 1 – 5hrs - Aerial Ropes Course : Engagement & Challenge
- Day 2 – 5 hrs - Wightwick Hall School: Team Development
- Day 3 – 5 hrs - Aerial Ropes Course : AQA Accreditation A
- Day 4 – 5hrs - Dudmaston Woodland Challenge : AQA Accreditation B
- Days 5 – 5hrs - Woodland Rough Camp : Bushcraft Workshops



Accreditation and Rewards

The following three AQA Unit Award Scheme Certificates will be available to the young people throughout the phased training in order to encourage attendance and positive engagement.

- A - AN INTRODUCTION TO HIGH ROPES
- B - INTRODUCTION TO OUTDOOR PROBLEM SOLVING
- C - BASIC BUSHCRAFT SURVIVAL SKILLS

On completion each student will be presented with certificates along with a Closer to the Edge T-shirt. A course video will also be produced at the end of the course and published online if permissions allow. Material for the video will be gathered by students on the course.

Pricing

- 13-19 yr-olds - £3200 plus VAT for up to 8 attendees (costs based on £500 per session and £1200 for 24hr bushcraft course). Additional costs for AQA certificates not included, administration costs for AQA included. Recommended numbers for this course 6-8.
- 9-13 yr-olds - £2700 plus VAT for up to 8 attendees (costs based on £500 per session). Additional costs for AQA certificates not included, administration costs for AQA included. Recommended numbers for this course 6-8.